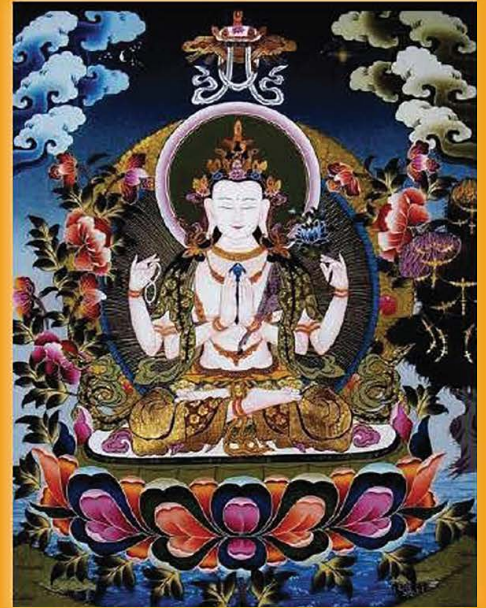


# AVALOKITESHVARA BUDDHA OF COMPASSION RETREAT 5 Day Retreat in Byron Bay



WITH LAMA TENDAR & TSADONG RINPOCHE  
6 SEPTEMBER - 10 SEPTEMBER 2017

Tallows Beach Houses, Suffolk Park. N.S.W 2481

**Lama Tendar invites you to join him and Rinpoche to this joyful retreat,  
by the beautiful beaches of Byron Bay.**

Avalokiteshvara (or Chenrezig in Tibetan) is the Buddha of Compassion.

At This five day retreat, Lama Tendar and Tsadong Rinpoche will teach you how to cultivate wisdom and compassion through the practice of Avalokiteshvara. By visualising his body and reciting his mantra, you will learn to connect with Avalokiteshvara's pure body, speech and mind. This will improve your mind & heart.

Compassion is the source of all happiness and peace of mind and protection in our daily lives.

Don't miss this rare opportunity to receive Lama Tendar's and Rinpoche's wisdom through an unbroken lineage from Tibet.

Beginners and practitioners will find this retreat very beneficial. Everyone is welcome to attend.

Shared accommodation & vegetarian meals included.

## CONTACTS FOR RETREAT

**Medicine Buddha Tantrayana Meditation Centre**

132 Kars Street, Frankston South 3199. (03) 9766 07 68

LEMAI: 0418 430 614 or [info@tendar.net](mailto:info@tendar.net)

BOOK ONLINE: [www.trybooking.com/245552](http://www.trybooking.com/245552)

[www.shantidevabuddhistfoundation.org](http://www.shantidevabuddhistfoundation.org)



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